

MENU

catering & beverages



roam



BEVERAGES

Coffee + Tea

ELEVATED COFFEE BAR | \$5.5/PP

Freshly brewed Valor Coffee served with hazelnut + vanilla flavored syrups, Silk Pure almond milk, whipped cream, cinnamon, cocoa + cookie straws.

ICED COFFEE BAR | \$5.5/PP

Freshly brewed Valor Coffee served over ice with hazelnut + vanilla flavored syrups, Silk Pure almond milk, whipped cream, cinnamon, cocoa + cookie straws.

AIRPOT OF HOT TEA

Served with an assortment of tea bags

Small | 10 bags | \$30

Large | 20 bags | \$60

Water + Juices

WATER BOTTLES | \$1.75/EA

Dasani 16oz bottles

SPARKLING WATER | \$2.5/EA

Assorted flavored sparkling water

ORANGE JUICE | \$3.75/PP

ASSORTED JUICE | \$3.75/PP

Soft Drinks + Other

SOFT DRINKS | \$1.5/EA

Assortment of Coke, Diet Coke, Coke Zero, and Sprite

CELSIUS | \$3.50/EA

Assortment of flavored energy drinks

RED BULL | \$3/EA

Assortment of regular and sugar-free Red Bull





SNACK EXPERIENCES

RISE + GRIND | \$12/PP

Assorted bagels + spreads
Assorted protein bars
Greek yogurt

RENEW + INSPIRE | \$11/PP

Organic Pure Bliss granola served alongside peanuts, dry roasted mixed nuts, dried blueberries and cranberries and dark chocolate chips

SWEET + SALTY | \$9/PP

Boom Chicka Pop Popcorn, *kettle corn + salty*
Assorted Candy
Glass Bottle Coke + Diet Coke

ENERGIZE | \$15/PP

Boom Chicka Pop Popcorn, *kettle corn + salty*
RXBAR Protein Bars
Sahale Glazed Nuts
Celcius





SNACK BARS

YOGURT PARFAIT BAR | \$12/PP

Plain Greek yogurt with organic Pure Bliss granola, sliced faw almonds, dried blueberries and cranberries. Served with honey.

Add seasonal fruit | \$8pp

Add granola bites | \$5pp

TRAIL MIX BAR | \$12/PP

Organic Pure Bliss granola served alongside peanuts, dry roasted mixed nuts, dried blueberries + cranberries, and dark chocolate chips.

PICNIC AT ROAM | \$13/PP

A picnic experience complete with seasonal fruit, assorted cheeses, and Sahale glazed nuts paired with an assortment of sparkling water.

Add fresh vegetables | \$7/pp

SO FRESH + SO GREEN | \$14/PP

Fresh + seasonal vegetables and blue corn chips, served with an assortment of dips including red pepper hummus guacamole, and salsa.

Add seasonal fruit | \$6/pp

POPCORN BAR | \$10/PP

Sea salt and kettle corn-flavored popcorn served with M&M's, pretzels, and peanuts.

Add seasonal fruit | \$8/pp





LUNCH: *Flower Child*

BUILD YOUR OWN NOURISH PLATE

Proteins (Choose 1)

- Chicken - \$25.50
- Steak - \$26.50
- Salmon - \$28.50
- Shrimp - \$27.50
- Tofu - \$23

Sides (Choose 2)

- Mac & Cheese VG, GF
- Red Chile Glazed Sweet Potatoes V,GF
- Organic Brown Rice V, GF
- Smashed Gold Potatoes V, GF
- Seasonal Roasted Veggie V, GF
- Sweet Quinoa Corn V, GF

BOWLS

Mother Earth Bowl | \$20.50pp V

Ancient grains, sweet potato, portobello mushroom, avocado, cucumber, broccoli, pesto, charred onion, leafy greens, red pepper miso vinaigrette, hemp seed

Forbidden Rice Bowl | \$20.50pp V, GF

Black pearl, red japonica, snap pea, bok choy, broccoli, carrot, onion, toasted sesame, red chili hoisin

Glow Bowl | \$20.50pp V, GF

Spicy sweet potato noodle, bok choy, zucchini, onion, jalapeno, shitake mushroom, coconut milk, sunflower butter

SALADS & WRAPS

Chopped Vegetable | \$19.50pp V, GF

Organic greens, romaine, avocado, heirloom carrot, snap pea, radish, baby tomato, cucumber, toasted sesame seed, ginger miso vinaigrette

Turkey + Avocado Cobb | \$25pp GF

Romaine, arugula, red cabbage, avocado, tomato, cucumber, crunchy corn, pickled onion, smoked almond, gorgonzola vinaigrette

Brussels Sprouts + Organic Kale | \$18.50pp V, GF

Pink grapefruit, organic apple, red cabbage, black currant, smoke almond, white cheddar, apple cider vinaigrette

Flying Avocado Wrap | \$20pp

Smoked turkey, gouda, romaine, avocado

The Rebel Wrap | \$23pp

Grilled steak, charred onion, port salut cheese, arugula, horseradish yogurt sauce

Add Protein:

- Chicken - \$9.50 Shrimp - \$11.50
- Steak - \$11 Tofu - \$7.50
- Salmon - \$12.50





LUNCH: *Newk's Eatery*

SANDWICHES

Newks Club | \$20.50pp

Ham, turkey, bacon, lettuce, tomatoes, swiss, cheddar, mayo, honey mustard on parisian bread with a side

Turkey Avocado | \$21pp

Turkey, swiss, avocado, arugula, tomatoes, mayo on parisian bread with a side

Chicken Bacon Club | \$21pp

All-natural chicken, bacon, lettuce, tomatoes, swiss, olive oil, honey mustard on parisian bread with a side

Ham + Cheese | \$18.50pp

Ham, lettuce, tomatoes, swiss, creole mustard on parisian bread with a side

Portabella Veggie | \$20pp

Portabella mushroom, red and yellow bell peppers, swiss, basil pesto on parisian bread with a side

Side Options:

Coleslaw

Pasta Salad

Chips

Fruit

SALADS

Newks Favorite | \$24pp

Grilled chicken breast, mixed greens, gorgonzola cheese, grapes, artichoke hearts, pecans, dried cranberries + house-made croutons

Caesar Salad | \$17.50pp VG

Crisp Romaine, Parmesan + croutons

Greek Salad | \$20pp

Crisp Romaine, feta cheese, artichoke hearts, Kalamata olives, cucumbers, pepperoncini peppers, red onion + grape tomatoes

Ultimate Salad | \$25pp

Grilled chicken breast, bacon, smoked ham, oven-roasted turkey, mixed greens, grape tomatoes, cucumbers, cheddar cheese + croutons

Garden Salad | \$17.50pp V

Mixed greens, grape tomatoes, cucumbers, carrots, cheddar cheese + croutons





LUNCH: *Parry's Pizzeria*

PIZZA

Not Yo Momma's Margherita |

Red Sauce, roasted garlic cloves, sliced tomatoes, fresh mozzarella, fresh basil and Parry's Parmesan mix

The Five Boroughs: |

Pepperoni, sausage, bacon, mushrooms, green peppers, black olives, and red onions

Uncle Sam |

Pepperoni, jalapenos and cream cheese

Zesty Lady Liberty

Loaded with pepperoni and Parry's parmesan mix

Soho Veggie |

Mushrooms, green peppers, black olives, red onions, tomatoes and minced garlic

Side Options:

Fries

Wings

Salad

SALADS

House |

Mixed greens, banana peppers, black olives, grape tomatoes, and mozzarella, topped with Parry's parmesan mix

Caesar Salad |

Romaine lettuce, Parmesan cheese and croutons, tossed in Caesar dressing

Italian Chopped |

Mixed greens, mozzarella, grape and heirloom tomatoes, salami, pepperoni, marinated artichokes and croutons, tossed in Italian dressing

Lexington Ave Chicken |

Choose between grilled or fried chicken, mixed greens, hard-boiled egg, avocado, grape tomatoes, mozzarella and bacon

Dressing:

Blue cheese, Caesar, honey mustard, Italian, Ranch





LUNCH: *PF Changs*

APPETIZERS

Chang's Lettuce Wraps
Edamame

SALADS

Asian Caesar Salad |

Romaine tossed with Parmesan, toasted sesame seeds, and crunchy wonton croutons

Thai Peanut Salad |

Crisp lo mein noodles, Napa cabbage, bell peppers, cucumbers, and celery tossed in Thai peanut dressing, topped with peanuts and Togarashi spice

Mandarin Crunch Salad |

Crisp julienned vegetables, cabbage, mandarin oranges, cashews, and crunchy rice sticks tossed in a zesty mandarin vinaigrette

Choice of Protein |

Chicken
Salmon

BUILD YOUR OWN BOWL

Starter Choice (1)

Hot & Sour Soup
Egg Drop Soup
Pork Egg Roll
Vegetable Springs Roll
House Salad

Rice Choice (1)

White Rice
Brown Rice
Fried Rice
Lo Mein Noodles

Bowl Choice (1)

Mongolian Beef
Beef with Broccoli
Chang's Spicy Chicken
Crispy Honey Chicken
Orange Chicken
Mongolian Tofu

OR Gluten Free (1)

Mongolian Beef
Beef with Broccoli
Chang's Spicy Chicken



LUNCH: LSA Burger

APPETIZERS

Brisket Queso
Guacamole

SALADS

Cobb Salad |

Romaine, avocado, cherry tomato, cucumber, egg, bacon, cheddar cheese

Wedge Salad |

Iceberg, bacon, tomatoes, blue cheese dressing

SIDES

Fries
Garlic Parm Fries
Mac N Cheese

BURGERS / SANDWICHES

Waylon |

Mayo, mustard, lettuce, pickle, onion

Georgie Boy |

Cheddar, bacon, mayo, lettuce, tomato, pickle, onion

Double Trouble |

Havarti, snake venom, guacamole, mayo, lettuce, tomato

Chicken Sandwich |

Chicken, cheddar, chipotle sauce, lettuce, tomatoe, pickle, onion, pepper jack

Turkey Bob |

Ground turkey burger, havarti, aruglua, avocado, mayo

Bohemian |

Black bean and brown rice patty, pepper jack, spinach, tomato, pickled reds, mayo

