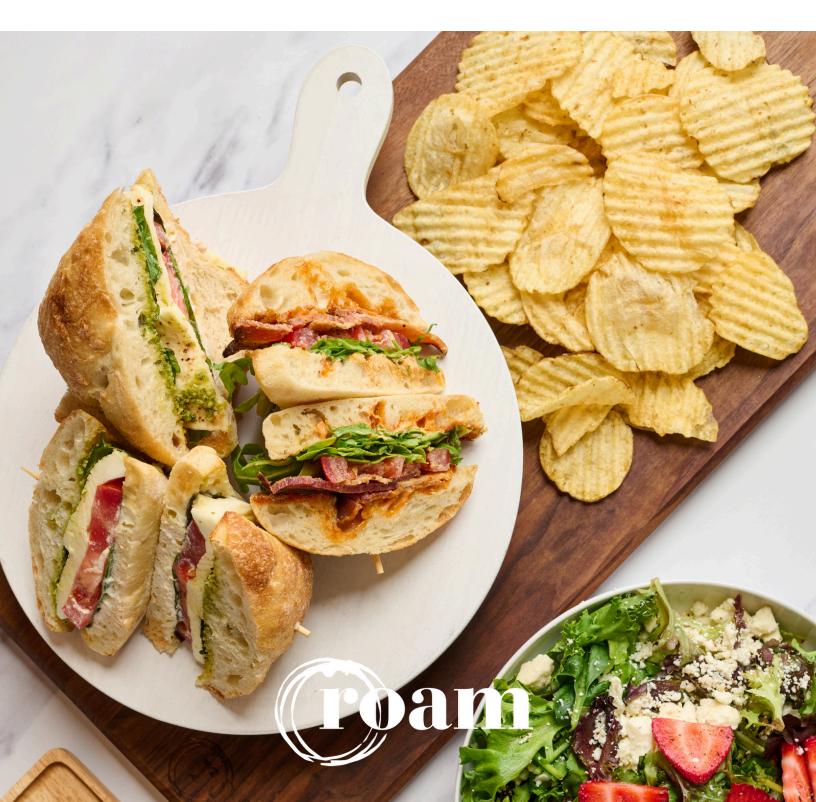
# MENU

catering & beverages







# **BEVERAGES**

Coffee + Tea

## ELEVATED COFFEE BAR | \$5.5/PP

Freshly brewed Counter Culture Coffee served with hazelnut + vanilla flavored syrups, Silk Pure almond milk, whipped cream, cinnamon, cocoa + cookie straws.

## ICED COFFEE BAR | \$5.5/PP

Freshly brewed Counter Culture Coffee served over ice with hazelnut + vanilla flavored syrups, Silk Pure almond milk, whipped cream, cinnamon, cocoa + cookie straws.

#### AIRPOT OF HOT TEA

Served with an assortment of tea bags

Small | 10 bags | \$30 Large | 20 bags | \$60

# Water + Juices

WATER BOTTLES | \$1.75/EA

Dasani 16oz bottles

SPARKLING WATER | \$2.5/EA

Assorted flavored sparking water

ORANGE JUCE | \$3.75/PP

ASSORTED JUICE | \$3.75/PP

# Soft Drinks + Other

SOFT DRINKS | \$1.5/EA

Assortment of Coke, Diet Coke, Coke Zero, and Sprite

CELSIUS | \$3.50/EA

Assortment of flavored energy drinks

RED BULL | \$3/EA

Assortment of regular and sugar-free Red Bull





# **SNACK EXPERIENCES**

## RISE + GRIND | \$12/PP

Assorted bagels + spreads Assorted protein bars Greek yogurt

#### RENEW + INSPIRE | \$11/PP

Organic Pure Bliss granola served alongside peanuts, dry roasted mixed nuts, dried blueberries and cranberries and dark chocolate chips

## SWEET + SALTY | \$9/PP

Boom Chicka Pop Popcorn, *kettle corn + salty* Assorted Candy Glass Bottle Coke + Diet Coke

## ENERGIZE | \$15/PP

Boom Chicka Pop Popcorn, *kettle corn + salty* RXBAR Protein Bars
Sahale Glazed Nuts
Celcius





# **SNACK BARS**

## YOGURT PARFAIT BAR | \$12/PP

Plain Greek yogurt with organic Pure Bliss granola, sliced faw almonds, dried blueberries and cranberries. Served with honey.

Add seasonal fruit | \$8pp Add granola bites | \$5pp

## TRAIL MIX BAR | \$12/PP

Organic Pure Bliss granola served alongside peanuts, dry roasted mixed nuts, dried blueberries + cranberries, and dark chocolate chips.

#### PICNIC AT ROAM | \$13/PP

A picnic experience complete with seasonal fruit, assorted cheeses, and Sahale glazed nuts paired with an assortment of sparkling water.

Add fresh vegetables | \$7/pp

#### SO FRESH + SO GREEN | \$14/PP

Fresh + seasonal vegetables and blue corn chips, served with an assortment of dips including red pepper hummus guacamole, and salsa.

Add seasonal fruit | \$6/pp

## POPCORN BAR | \$10/PP

Sea salt and kettle corn-flavored popcorn served with M&M's, pretzels, and peanuts.

Add seasonal fruit | \$8/pp





# LUNCH: Flower Child

#### BUILD YOUR OWN NOURISH PLATE

Proteins (Choose 1)

Chicken - \$25.50

Steak - \$26.50

Salmon - \$28.50 Shrimp - \$27.50

Tofu - \$23

Sides (Choose 2)

Mac & Cheese VG, GF

Red Chile Glazed Sweet Potatoes V,GF

Organic Brown Rice V, GF

Smashed Gold Potatoes V, GF

Seasonal Roasted Veggie V, GF

Sweet Quinoa Corn V, GF

#### **BOWLS**

#### Mother Earth Bowl | \$20.50pp V

Ancient grains, sweet potato, portobello mushroom, avocado, cucumber, broccoli, pesto, charred onion, leafy greens, red pepper miso vinaigrette, hemp seed

#### Forbidden Rice Bowl | \$20.50pp V, GF

Black pearl, red japonica, snap pea, bok choy, broccoli, carrot, onion, toasted sesame, red chili hoisin

#### Glow Bowl | \$20.50pp V, GF

Spicy sweet potato noodle, bok choy, zucchini, onion, jalapeno, shitake mushroom, coconut milk, sunflower butter

#### SALADS & WRAPS

#### Chopped Vegetable | \$19.50pp V, GF

Organic greens, romaine, avocado, heirloom carrot, snap pea, radish, baby tomato, cucumber, toasted sesame seed, ginger miso vinaigrette

#### Turkey + Avocado Cobb | \$25pp GF

Romaine, arugula, red cabbage, avocado, tomato, cucumber, crunchy corn, pickled onion, smoked almond, gorgonzola vinaigrette

Brussels Sprouts + Organic Kale | \$18.50pp V, GF Pink grapefruit, organic apple, red cabbage, black currant, smoke almond, white cheddar, apple cider vinaigrette

#### Flying Avocado Wrap | \$20pp

Smoked turkey, gouda, romaine, avocado

#### The Rebel Wrap | \$23pp

Grilled steak, charred onion, port salut cheese, arugula, horseradish yogurt sauce

#### Add Protein:

Chicken - \$9.50 Shrimp - \$11.50 Steak - \$11 Tofu - \$7.50

Salmon - \$12.50





# LUNCH: Newk's Eatery

#### SANDWICHES

#### Newks Club | \$20.50pp

Ham, turkey, bacon, lettuce, tomatoes, swiss, cheddar, mayo, honey mustard on parisian bread with a side

#### Turkey Avocado | \$21pp

Turkey, swiss, avocado, arugula, tomatoes, mayo on parisian bread with a side

#### Chicken Bacon Club | \$21pp

All-natural chicken, bacon, lettuce, tomatoes, swiss, olive oil, honey mustard on parisian bread with a side

#### Ham + Cheese | \$18.50pp

Ham, lettuce, tomatoes, swiss, creole mustard on parisian bread with a side

#### Portabella Veggie | \$20pp

Portabella mushroom, red and yellow bell peppers, swiss, basil pesto on parisian bread with a side

#### Side Options:

Coleslaw

Pasta Salad

Chips

Fruit

#### SALADS

#### Newks Favorite | \$24pp

Grilled chicken breast, mixed greens, gorgonzola cheese, grapes, artichoke hearts, pecans, dried cranberries + house-made croutons

#### Caesar Salad | \$17.50pp VG

Crisp Romaine, Parmesan + croutons

#### Greek Salad | \$20pp

Crisp Romaine, feta cheese, artichoke hearts, Kalamata olives, cucumbers, pepperocini peppers, red onion + grape tomatoes

#### Ultimate Salad | \$25pp

Grilled chicken breast, bacon, smoked ham, oven-roasted turkey, mixed greens, grape tomatoes, cucumbers, cheddar cheese + croutons

#### Garden Salad | \$17.50pp V

Mixed greens, grape tomatoes, cucumbers, carrots, cheddar cheese + croutons